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GRAPES

Along the roadsides, grape vines are heavy with their rich and colorful fruit. And baskets of grapes fill the city markets, because grape production is better than average this year.

_____, _____, _____,
(Name) (Institution) (Place)
suggests that homemakers make use of this refreshing fruit in salads and desserts as long as the season lasts. Don't forget that grapes combine well with other autumn fruits--yellow pears, late rosy-checked peaches, and shiny red apples. Pile the fruit into a bowl and use it as a colorful centerpiece. Then let the family members help themselves to their breakfast fruit or dinner dessert.

The slip-skin grapes that grow east of the Rocky Mountains can also be preserved as flavorful grape juice or tart grape jelly. These grape products are easy to make, if you use care to prevent the formation of crystals. These cream of tartar crystals are harmless, but their gritty texture often mars the perfection of home-made grape juice and jelly.

An easy way to avoid these crystals is to strain the grape juice and then let it stand overnight in a cool place. The next day, carefully dip out the juice and strain it a second time. Also, when you're making jelly there will be no chance for crystals to form if you combine the grape juice with the juice from another fruit, such as apples.

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